

DIABETES



HEART DISEASE One Attracts Another

- Most patients of diabetes die of cardiovascular disease.
- The incidence of coronary artery disease and heart attack is 2 to 5 times more common in diabetics than in age matched controls
- Diabetics develop coronary artery disease 5 to 10 years earlier
- Coronary artery disease is diffuse in diabetics
- Prognosis of heart attack is worse in diabetics
- Heart failure is more common in diabetics
- Heart failure can occur in absence of coronary artery disease
- Young females are protected from coronary artery disease, but the protection is lost in diabetics.